



## Alde Sandlings Benefice

Aldeburgh, St Peter & St Paul's Parish Church,  
Aldringham, St Andrew's Parish Church,  
Friston, St Mary's Parish Church  
Knodishall, St Lawrence's Parish Church

Priest in charge: The Revd Sarah du Boulay

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## **Sunday 6<sup>th</sup> November** **Third Sunday before Advent**

### **Services this Sunday for The Alde Sandlings Benefice**

<b>Aldeburgh</b>	<b>8.00am</b>	<b>Holy Communion</b>
	<b>10.30am</b>	<b>Service of The Word</b>
		<b><i>Coffee from 10.00am</i></b>
<b>Aldringham</b>	<b>11.00am</b>	<b>Service of The Word</b>
<b>Knodishall</b>	<b>9.00am</b>	<b>Holy Communion</b>

### **† Wednesday Holy Communion at Aldeburgh †**

As you are aware, we now have fewer practising clergy available to take services of Holy Communion. As a result, I will be celebrating Wednesday morning BCP more often at Aldeburgh, which is a complete joy for me, but has necessitated in needing to change the time of this service, so that I can be there after Morning Prayer at Aldringham. In consultation with the regular congregation, this service will now start at 10.30am, with immediate effect. Hopefully it won't make too much difference to people attending, but it will make life much easier for the person celebrating. Rev'd Sarah

## **Message from our priest in charge – The Rev'd Sarah du Boulay**

Dear Friends,

When I was a child, I wrote the following poem:

What is a flower?  
Now let me think.  
The leaves are green,  
And the petals are pink.

The pollen is yellow,  
The roots are brown.  
The top grows up,  
And the bottom grows down.

Impressive, I know! Now, whilst explaining why I am a vicar and not a published poet, re-discovering my creative side has made me think. In order for a flower (or any plant in fact) to grow and to flourish above the surface, it has to have strong roots, to feed it and to keep it stable. With the recent wind and rain, any of the plants in my garden with weak roots are certainly in trouble.

So, the question is, in what are we all rooted? And do our roots need any attention? Do our roots feed us? Do they keep us stable? And if not, what do we need to do to improve matters?

With every blessing,

Sarah

### **Collect**

Almighty Father,  
whose will is to restore all things  
in your beloved Son, the King of all:  
govern the hearts and minds of those in authority,  
and bring the families of the nations,  
divided and torn apart by the ravages of sin,  
to be subject to his just and gentle rule;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## **First Reading**

### **Job 19.23-27a**

‘O that my words were written down!

O that they were inscribed in a book!

O that with an iron pen and with lead they were engraved on a rock for ever! For I know that my Redeemer lives, and that at the last he will stand upon the earth; and after my skin has been thus destroyed, then in my flesh I shall see God, whom I shall see on my side, and my eyes shall behold, and not another. My heart faints within me!

## **Second Reading**

### **2 Thessalonians 2.1-5, 13-end**

As to the coming of our Lord Jesus Christ and our being gathered together to him, we beg you, brothers and sisters, not to be quickly shaken in mind or alarmed, either by spirit or by word or by letter, as though from us, to the effect that the day of the Lord is already here. Let no one deceive you in any way; for that day will not come unless the rebellion comes first and the lawless one is revealed, the one destined for destruction. He opposes and exalts himself above every so-called god or object of worship, so that he takes his seat in the temple of God, declaring himself to be God. Do you not remember that I told you these things when I was still with you? But we must always give thanks to God for you, brothers and sisters beloved by the Lord, because God chose you as the first fruits for salvation through sanctification by the Spirit and through belief in the truth. For this purpose he called you through our proclamation of the good news, so that you may obtain the glory of our Lord Jesus Christ. So then, brothers and sisters, stand firm and hold fast to the traditions that you were taught by us, either by word of mouth or by our letter. Now may our Lord Jesus Christ himself and God our Father, who loved us and through grace gave us eternal comfort and good hope, comfort your hearts and strengthen them in every good work and word.

## **Gospel Reading**

### **Luke 20.27-38**

Some Sadducees, those who say there is no resurrection, came to him and asked him a question, ‘Teacher, Moses wrote for us that if a man’s brother dies, leaving a wife but no children, the man shall marry the widow and raise up children for his brother. Now there were seven brothers; the first married, and died childless; then the second and the third married her, and so in the same way all seven died childless. Finally the woman also died. In the resurrection, therefore, whose wife will the woman be?’

For the seven had married her.’ Jesus said to them, ‘Those who belong to this age marry and are given in marriage; but those who are considered worthy of a place in that age and in the resurrection from the dead neither marry nor are given in marriage. Indeed they cannot die any more, because they are like angels and are children of God, being children of the resurrection. And the fact that the dead are raised Moses himself showed, in the story about the bush, where he speaks of the Lord as the God of Abraham, the God of Isaac, and the God of Jacob. Now he is God not of the dead, but of the living; for to him all of them are alive.’

**Sermon preached by The Revd James Marston at  
Aldeburgh Parish Church, 30<sup>th</sup> October**

May I speak in the name of the living God, Father, Son, and Holy Spirit, Amen.

Before mobile phones and the world of the internet I’m sure one or two will remember the old fashioned printed photographs taken while on holiday or on a memorable occasion.

Last week my mother, over a Thursday evening macaroni cheese with garlic bread, presented me with a picture.

The image was of me, age about 10 playing with my model boat on the boating pond next to the moot hall.

I was, as I am sure you can imagine, a stunningly handsome child.

Gorgeous hair and a beautiful smile. A happy memory.

Little did I know that more than three decades later I would end up living here, buying a very stylish motorcar with no roof, and working at the church.

And, it has seemed to me, that rather like a prawn in aspic, or eggs with mayonnaise, I have slotted to life here and much enjoyed making my home among you on the Suffolk heritage coast.

It is not easy to leave, and I shall miss you. But I leave not only with an invaluable insight into parish ministry to which I have been called but also with many happy memories of my time here.

And I leave you in safe hands, under the guidance of Reverend Sarah, who has shown me great kindness and understanding, and whom I know you will support and cherish.

And while I leave with happy memories, I am reminded that parting, leaving the body of Christ, however painful, is also part and parcel of priestly ministry, and is in some ways the final test for all curates as we end our formal training and begin our ministry in pastures new.

And for me, our benefice, with its distinct churches and distinct characteristics has been an excellent place in which to cut my teeth. I have experienced patience and kindness, encouragement and support and I cannot thank you all enough for exercising our ministry, as a training benefice, on me.

Indeed, as I have learnt something of my trade, being here with you over the last three or so years has been a gift which I am very grateful.

And alongside the happy memories, and as I say goodbye today, our benefice service this morning also enables us to pause and look ahead as we continue our journey of faith.

We have come together to mark All Saints' Day – a day in which we give thanks for our communities and give thanks for those who have gone before us in the faith.

St Lawrence, the patron saint of Knodishall, a second century roman, a deacon in the church, who defied the emperor and was martyred, roasted alive on a grid iron according to legend. A man whose faith compelled him to speak and act.

St Mary, a popular patron saint of many Suffolk medieval churches, was the overarching witness of the Christian faith, the woman chosen by God to bear his son and witness Jesus' life, ministry, death and resurrection.

The patron saint of fishmongers as well as Scotland, St Andrew, was a simple fisherman, a brother of St Peter, and one of the first apostles called by Jesus. A martyr whose experience of Jesus and the resurrection compelled him to die on a saltire cross.

And St Peter and St Paul, fathers of the church who witnessed first-hand, and in different ways, the risen Christ. St Paul; the rather laborious theologian and letter writer. And St Peter; the famous denier of Jesus and yet also a man who helped found his church and went to his death for his Lord.

All the saints were humans compelled by their faith to be who they were. To do extraordinary things in the name of their faith.

We do not worship the saints. We may ask them to intercede for us, but the communion of saints is not the object of our worship or praise.

Instead, they all point us towards God and, I think, learning about them, allowing ourselves to be inspired by them points us towards the holiest part of ourselves, the place in our hearts where we allow God in.

With patron saints for each church in our benefice we are also reminded of the distinct character and attributes of our worshipping communities.

The passions, traditions and missions of each of our churches are slightly different and each and every church in our benefice has much to offer its own parish and community.

Nonetheless none of these churches stand alone; Lawrence the deacon, Mary the virgin, Andrew the fisherman, and Peter and Paul, combine to make up the body of Christ in this place. Each church shares resources and people, each church needs the other in order to keep the faith alive. This is, of course, reflects something of the nature of our faith, individual yet communal. Distinct, yet one community brought together today to give thanks to God and to celebrate the unifying sacrament of Holy Communion.

Ours is a faith that demands not only that we love our neighbour but that we pull together on the same rope.

Community, Communal, Communion.

My challenge to you as a benefice, and as people of four separate and one combined worshipping community, is to be inspired by your patron saints and the faith they held; to follow their examples as best you can.

To speak out, to care for others, to ask questions, to learn, to retell the story, to be prophetic, to challenge injustice, to point towards God, to follow Christ in all you do. To keep the faith.

It is an old adage, but together our churches are greater than the sum of our parts. Peter, Paul, Lawrence, Andrew, and Mary all knew this and that is why we make the effort to remember them, to give thanks for them and to celebrate them; as well as celebrate and give thanks for all that the churches of the Alde Sandlings benefice are, and can be, and will be, today and in the years to come.

Amen

### **Post Communion**

God of peace,

whose Son Jesus Christ proclaimed the kingdom  
and restored the broken to wholeness of life:

look with compassion on the anguish of the world,

and by your healing power

make whole both people and nations;

through our Lord and Saviour Jesus Christ.

## Go Well James!

Last Sunday (30<sup>th</sup>) we said farewell to James as he leaves us to continue his ministry journey as associate priest in Barnes, London. It was lovely to see so many of you from within our benefice to wish James good luck. Here are two photos from the day, inc the cake, of a certain little blue car!



**Next week - Sunday 13<sup>th</sup> November  
Remembrance Sunday**

**† Alde Sandlings Remembrance Day †**

All churches will have their RD service starting at 10.50am.

**Aldeburgh will be having a Holy Communion service at 8am  
followed by coffee in the church hall. All welcome.**

The 10.50am service will take place at the Aldeburgh Town war memorial.

*Lest we forget...*

If you haven't seen it yet, as we approach Remembrance Day, St Andrew's at Aldringham have once again created their 'Field of Remembrance' honouring the young men of the parish who have given their lives in the service of their country over the years.



The unique display of a biography of each of those being remembered has been created to remember the fallen as sons of the village and not just names in a book.

Why not take a walk around the churchyard and take a look at the Field of Remembrance which will be on display from the 5th to 22nd November.

After this the biographies are on permanent display in the church in the 'Roll of Honour and Book of Remembrance'





## NOTICES

### **HERITAGE COAST ENERGY PROJECTS**

by Simon Ive, Secretary and Treasurer, Friston PCC

There will be two energy project consultations in November.

You will have received two mailings relating to two National Grid projects – Sea Link and Eurolink, which give full details of the venues for the consultations and webinars. These will have been greeted with mixed emotions. But they are important because these contain new wide-ranging proposals and we need to push the developers to explain the physical and human impacts, for example:

- The new landfall entry points along the coast for connection to offshore facilities, not least that proposed and preferred between Thorpeness and Aldeburgh.
- The scale and location of the extra cable corridors which will cut swathes through the heart of our countryside.
- The scale and location of the three converter stations (in one central location or individual sites?) of Nautilus and now Sea Link and Eurolink.
- The necessary expansion of the proposed substation at Friston.

Further details can be found on the National Grid websites, or the action groups [www.SASES.org.uk](http://www.SASES.org.uk) and SEAS ([www.suffolkenergyactionsolutions.co.uk](http://www.suffolkenergyactionsolutions.co.uk))

### **† Morning Prayer across the Benefice with Revd Sarah †**

Revd Sarah will be bringing the benefice together in prayer each morning from 9 -9.30am. People are very welcome to join Sarah, no regular commitment required, just pop along when you wish.

Monday – Friston

Tuesday - Knodishall

Wednesday - Aldringham

Thursday – Aldeburgh

## † Church of England and Diocese Online Worship †

There are many online services you can view from the Church of England and our cathedral. Here are some links below.

Church of England website

<https://www.churchofengland.org/prayer-and-worship/church-online/weekly-online-services>

Church of England Facebook page

<https://www.facebook.com/thechurchofengland/>

Church of England YouTube channel

<https://www.youtube.com/channel/UCLecK8GovYoaYzIgyOEIKZg>

St Edmundsbury Cathedral Facebook Page

<https://www.facebook.com/stedscathedral>

## Food Banks at the East of England Co-op

Foodbanks provide a valuable service to those in need in our communities. The Aldeburgh Co-op and Solar in Leiston are doing a grand job in collecting food donations, which are collected regularly and distributed. So please look out for the various collection baskets.

## Youth Club – We need your help!

The Youth Club is back! 7pm to 9pm on Monday evenings during term time for 10–14-year-olds. We are thankful that the Youth Club is as popular as ever. We **really need** some more volunteers to help on these evenings. There is a rota in the west porch that you can add your name to, if you can help (after the summer holidays) or you can contact

Fran Smith at [admin@aldeburghparishchurch.org.uk](mailto:admin@aldeburghparishchurch.org.uk)

## Weekly Benefice Newsletter

If you would like something added to the weekly newsletter that is relevant to the Benefice, please do let Claire know and we will do our best to include it the following week.

**All requests by 4pm on Thursday please**

## ££ Children's Society Coffee Morning ££

A big thank you to everyone who supported the Children's Society Coffee Morning last Saturday in the Parrot Inn, Aldringham. The magnificent sum of **£864** was raised.

Canon John Tipping

† **Pilgrims Together on Wednesdays on Zoom** †

The worship starts at 6.30pm (Zoom call opens from 6.10pm) and the call is then left open after the worship time for people to catch up. People are welcome to email [pilgrimstogether473@gmail.com](mailto:pilgrimstogether473@gmail.com)

to receive a copy, be added to our mailing list, or for the Zoom links.

Saturday 19th November Community Good News Faith Cafe @ The Outside Inn, Parrot Pub 9.30 - 10.30

A time for conversation, a hot drink and a croissant. A time to share and offer our thoughts and stories. Acts of kindness and good news within the Outside Inn and taken out into the outside world.