



Alde Sandlings Benefice

Aldeburgh, St Peter & St Paul's Parish Church,
Aldringham, St Andrew's Parish Church,
Friston, St Mary's Parish Church
Knodishall, St Lawrence's Parish Church

Priest in charge: The Revd Sarah du Boulay

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Sunday 13th November
Second Sunday before
Advent/Remembrance Sunday

***They shall grow not old,
as we that are left grow old;
age shall not weary them,
nor the years condemn.***

***At the going down of the sun
and in the morning,
we will remember them.***

† Alde Sandlings Remembrance Day †

All churches in the benefice will have their Remembrance Day service starting at 10.50am.

Aldeburgh will be having a Holy Communion service at 8am followed by coffee in the church hall. All welcome.

The 10.50am service will take place at the Aldeburgh Town war memorial.

Message from our priest in charge – The Rev'd Sarah du Boulay

Dear Friends,

And so we approach yet another Remembrance Day, with the world still in a mess. With nation fighting nation. With poverty and disease and conflict still affecting the innocent. With leaders making bad decisions, and people focussing on greed rather than love, and their fellow humans.

Let's take a moment to stop. To think hard. To pray. And to remember. We are striving, as have millions before us, for God's Kingdom here on earth. At a time when peace and love should rule, let's make our lives count. As I keep saying, let the revival start here!

With every blessing,

Sarah

Lest we forget...

If you haven't seen it yet, as we approach Remembrance Day, St Andrew's at Aldringham have once again created their 'Field of Remembrance' honouring the young men of the parish who have given their lives in the service of their country over the years.



The unique display of a biography of each of those being remembered has been created to remember the fallen as sons of the village and not just names in a book.



Why not take a walk around the churchyard and take a look at the Field of Remembrance which will be on display from the 5th to 22nd November.

After this the biographies are on permanent display in the church in the 'Roll of Honour and Book of Remembrance'

Collect

Heavenly Father,
whose blessed Son was revealed to destroy the works of the devil
and to make us the children of God and heirs of eternal life:
grant that we, having this hope,
may purify ourselves even as he is pure;
that when he shall appear in power and great glory
we may be made like him in his eternal and glorious kingdom;
where he is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

First Reading

Malachi 4.1-2a

See, the day is coming, burning like an oven, when all the arrogant and all evildoers will be stubble; the day that comes shall burn them up, says the Lord of hosts, so that it will leave them neither root nor branch. But for you who revere my name the sun of righteousness shall rise, with healing in its wings. You shall go out leaping like calves from the stall.

Second Reading

2 Thessalonians 3.6-13

Now we command you, beloved, in the name of our Lord Jesus Christ, to keep away from believers who are living in idleness and not according to the tradition that they received from us. For you yourselves know how you ought to imitate us; we were not idle when we were with you, and we did not eat anyone's bread without paying for it; but with toil and labour we worked night and day, so that we might not burden any of you. This was not because we do not have that right, but in order to give you an example to imitate. For even when we were with you, we gave you this command: Anyone unwilling to work should not eat. For we hear that some of you are living in idleness, mere busybodies, not doing any work. Now such persons we command and exhort in the Lord Jesus Christ to do their work quietly and to earn their own living. Brothers and sisters, do not be weary in doing what is right.

Gospel Reading

Luke 21.5-19

When some were speaking about the temple, how it was adorned with beautiful stones and gifts dedicated to God, he said, 'As for these things that you see, the days will come when not one stone will be left upon another; all will be thrown down.' They asked him, 'Teacher, when will this be, and what will be the sign that this is about to take place?' And he said, 'Beware that you are not led astray; for many will come in my name and say, "I am he!" and, "The time is near!" Do not go after them. 'When you hear of wars and insurrections, do not be terrified; for these things must take place first, but the end will not follow immediately.'¹⁰ Then he said to them, 'Nation will rise against nation, and kingdom against kingdom; there will be great earthquakes, and in various places famines and plagues; and there will be dreadful portents and great signs from heaven. 'But before all this occurs, they will arrest you and persecute you; they will hand you over to synagogues and prisons, and you will be brought before kings and governors because of my name. This will give you an opportunity to testify. So make up your minds not to prepare your defence in advance; for I will give you words and a wisdom that none of your opponents will be able to withstand or contradict. You will be betrayed even by parents and brothers, by relatives and friends; and they will put some of you to death. You will be hated by all because of my name. But not a hair of your head will perish. By your endurance you will gain your souls.

Sermon preached by The Revd Sarah du Boulay at the Aldeburgh Parish Church Family Service, 6th November

Jesus and the Children, from the Lion Storytelling Bible

"I can't see!" called a blind woman. "Can you help me see, Jesus?"

"I can't see!" said a little girl to her mother, "There are too many people in the way."

There are whole books dedicated to the importance of grammar – especially the positioning of a comma. The difference between 'Let's eat, Grandma!', and 'Let's eat Grandma!' could be very important!

It strikes me that in the story we have just heard, there are two different reasons the blind woman and the little girl said, "I can't see". The blind woman added "Can you help me see, Jesus?", and although she didn't, the little girl could easily have added, "Can you help me see Jesus?"

Like inviting your grandparent for a shared meal, or dancing with the possibility of cannibalism, there is an important distinction between these two exclamations.

Can you help me see, Jesus?

Can you help me see Jesus?

Can you help me see Jesus? Jesus is there, I just can't physically see him. I'm sure we can all remember at some point in our lives just not being tall enough. Having to stand on tip toe, jump a little, jostle, really strain every sinew in order to see something of someone. Well, in our story today, this is what the little girl was feeling – there were too many people between her, and Jesus and she just couldn't see him. She knew he was there, and she was desperate to see him, but other people got in the way. I wonder why it was so important to her that she could physically see him?

Can you help me see, Jesus? Was a direct request from the blind woman, to Jesus, who was right in front of her. She wanted Jesus to help her to see again. This time to heal a physical disability, but what else can Jesus help us to see? I wonder what important things we could all ask Jesus to help us to see?

And what happened? Well, Jesus healed the blind woman. He gave her sight again. She could physically see what was directly in front of her. Jesus the man. I wonder whether she could also then see Jesus the Messiah? Jesus performing miracles because he is the Son of God? Did she gain any deeper insights as the result of her physical sight being restored?

And as for the little girl? Well, Jesus told people to bring the children to him. That nobody should be a barrier to the children. That they are important, and we should all try to be more like child. The little girl not being able to see Jesus was about barriers being put in her way to physically keep her away from him. I wonder what other barriers stop us from seeing, or being with Jesus?

Like a child, we are called to be curious. Like a child, we are called to ask questions. Like a child, we are called to want to be close to Jesus. We are called to open our eyes and to see. People often talk about the simplicity of a child's faith. I would argue that that is because they have less barriers in the way of them seeing Jesus. Physical or otherwise.

And when, like the blind woman, Jesus is directly in front of us, we need to keep asking those questions, keeping yearning for more sight, for more understanding, for Jesus to help us to see.

These two questions will mean different things to each one of us here – I wonder what they mean to you?

Can you help me see Jesus?

Can you help me see, Jesus?

Post Communion

Gracious Lord,

in this holy sacrament

you give substance to our hope:

bring us at the last to that fullness of life for which we long;

through Jesus Christ our Saviour.

A message from Rev'd Jo

Dear friends,

I am pleased to report that the surgery I had on 3rd October to remove my gallbladder went well. I was hoping to be back to church duties this month, however I'm sorry to have to tell you that I was diagnosed with breast cancer on the 20th of October. I'm booked to have surgery on 6th December. Radiotherapy will start in the new year followed by hormone therapy. I'm thankful the cancer has been caught early and the prognosis is good. However, I won't be back to active ministry for some time.

I am sorry that my absence puts an inevitable strain upon others - especially as we approach a busy season. My heartfelt thanks to Rev'd Sarah, Claire, and all of you who are pitching in to organise services and other things in my absence.

Thanks also to Rev'd Sarah, my family, friends and clergy colleagues for their unfailing support and kindness over the past weeks. It's been a bit of a rollercoaster of emotions, but I feel blessed that God has placed such great support around me. I'm feeling positive about the future but would appreciate your prayers - not just for me, but for my husband and family and for the amazing medics at Ipswich hospital.

With best wishes,

Rev'd Jo

Next week - Sunday 20th November
Sunday next before Advent/Christ the King

Alde Sandlings, Questionnaire Results November 2022

Dear all,

Firstly, I want to thank very much everybody who engaged with this exercise. I know questionnaires can be a time-costly and a frustrating experience, and I really appreciate you all putting thought, time, and effort into completing them.

Although not logged in this document, please know that I have read and noted every comment made – the thanks, the suggestions, and the complaints.

Finally, the numbers of questionnaires completed from each parish are just for interest – there is no competition, or comment offered.

One thing I have found interesting is that not everybody found each type of service easy to identify (for example, what IS an All-Age service, or Morning Prayer?). This is one of the things I will be tackling with the outcome of these results.

The Ministry Team, PCCs and I are now working hard to take note of your wishes and will do our best to put into practice what we have learned here. I ask for your continued patience and understanding that not every request can be actioned. We have limited resources and will do our very best to serve both our existing congregations, and the communities in which we serve.

I also want to remind you that we are on a journey, and what we offer as a result of the questionnaires will not be a finished product – we are all continually learning, challenging and developing. It's one of our strengths as a benefice in the Church of God.

So, thank you. I hope you find these statistics as interesting as I do!

With every blessing,

Sarah

Here are the results!

ALDEBURGH

36 Questionnaires completed

Which services do you currently attend?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service					
BCP Evening Prayer					
BCP Holy Communion					
BCP Matins					
Benefice 5 th Sunday					
CW Holy Communion					
Morning Prayer					
Service of the Word					
Weds am Holy Communion	 				

Which services would you like to have?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service					
BCP Evening Prayer					
BCP Holy Communion					
BCP Matins					
Benefice 5 th Sunday				 	
CW Holy Communion					
Morning Prayer					DAILY
Service of the Word					
Weds am Holy Communion					

ALDRINGHAM

39 Questionnaires completed

Which services do you currently attend?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service					
BCP Evening Prayer					
BCP Holy Communion				 	
BCP Matins					
Benefice 5 th Sunday					
CW Holy Communion				 	
Morning Prayer					
Service of the Word					
Weds am Holy Communion					

Which services would you like to have?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service					
BCP Evening Prayer					
BCP Holy Communion					
BCP Matins					
Benefice 5 th Sunday					
CW Holy Communion					
Morning Prayer					
Service of the Word					
Weds am Holy Communion					

FRISTON

7 Questionnaires completed

Which services do you currently attend?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service	IIII I	II			
BCP Evening Prayer	IIII	III			
BCP Holy Communion		II	I	IIII	I
BCP Matins	I	II	I	II	I
Benefice 5 th Sunday	II	III		III	
CW Holy Communion		II		IIII II	
Morning Prayer		III		II	III
Service of the Word	IIII	III			
Weds am Holy Communion	IIII II			I	

Which services would you like to have?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service	III	I		I	
BCP Evening Prayer	II	II		I	I
BCP Holy Communion				IIII II	II
BCP Matins			I	IIII	I
Benefice 5 th Sunday		I	I	IIII	
CW Holy Communion	I			IIII II	I
Morning Prayer		I	I	IIII	II
Service of the Word	III	II		I	
Weds am Holy Communion	III			I	I

KNODISHALL

9 Questionnaires completed

Which services do you currently attend?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service	II	II			
BCP Evening Prayer	I	II			
BCP Holy Communion	I			II	III
BCP Matins	I			I	I
Benefice 5 th Sunday	I	IIII	II		
CW Holy Communion				IIII	IIII
Morning Prayer		I		IIII I	II
Service of the Word	II			IIII	II
Weds am Holy Communion	I	I		I	I

Which services would you like to have?

	Never	Occasionally	Quarterly	Monthly	Weekly
All-Age/ Family Service	I	II			
BCP Evening Prayer		I			I
BCP Holy Communion				III	II
BCP Matins				I	I
Benefice 5 th Sunday		III	I	III	
CW Holy Communion	I			IIII	III
Morning Prayer			I	IIII	II
Service of the Word	I			IIII I	II
Weds am Holy Communion		I			II

NOTICES

A Message from the Cathedral

Greetings from us all here at the Cathedral. Advent is soon to be upon us, as we prepare hearts and minds for the celebration of the birth of the Christ-child at Christmas. Parishes, Benefices and Deaneries are, as each year, warmly invited to the Cathedral again for the traditional annual Candlelit Advent Procession with Bishop Martin, and led by our cathedral choristers: [5.00pm on Sunday, 27 November](#). This 'darkness to light' service uses readings, music and congregational carols, moving around the liturgical space of the cathedral, to mark the start of the season of expectation and preparation for the *adventus* of Christ in his incarnation and to his final advent at the end of time.

Do know that you are warmly welcome to come to the service as a way of marking Advent in your journey to Christmas - do share the details with your own network of contacts if it does not clash with anything that you may already be doing to mark the season. [More details are in the link here](#). No need to book.

This comes with warm wishes and prayers from Dean Joe, myself and all of us here. Philip Banks - Residentiary Canon and Precentor

† Wednesday Holy Communion at Aldeburgh †

Change of time

As you are aware, we now have fewer practising clergy available to take services of Holy Communion. As a result, I will be celebrating Wednesday morning BCP more often at Aldeburgh, which is a complete joy for me, but has necessitated in needing to change the time of this service, so that I can be there after Morning Prayer at Aldringham. In consultation with the regular congregation, this service will now start at 10.30am, with immediate effect. Hopefully it won't make too much difference to people attending, but it will make life much easier for the person celebrating. Rev'd Sarah

† Morning Prayer across the Benefice with Revd Sarah †

Revd Sarah will be bringing the benefice together in prayer each morning from 9 -9.30am. People are very welcome to join Sarah, no regular commitment required, just pop along when you wish.

Monday – Friston

Tuesday - Knodishall

Wednesday - Aldringham

Thursday – Aldeburgh

† Church of England and Diocese Online Worship †

There are many online services you can view from the Church of England and our cathedral. Here are some links below.

Church of England website

<https://www.churchofengland.org/prayer-and-worship/church-online/weekly-online-services>

Church of England Facebook page

<https://www.facebook.com/thechurchofengland/>

Church of England YouTube channel

<https://www.youtube.com/channel/UCLecK8GovYoaYzIgyOEIKZg>

St Edmundsbury Cathedral Facebook Page

<https://www.facebook.com/stedscathedral>

Food Banks at the East of England Co-op

Foodbanks provide a valuable service to those in need in our communities. The Aldeburgh Co-op and Solar in Leiston are doing a grand job in collecting food donations, which are collected regularly and distributed. So please look out for the various collection baskets.

Youth Club – We need your help!

The Youth Club is back! 7pm to 9pm on Monday evenings during term time for 10–14-year-olds. We are thankful that the Youth Club is as popular as ever. We **really need** some more volunteers to help on these evenings. There is a rota in the west porch that you can add your name to, if you can help (after the summer holidays) or you can contact

Fran Smith at admin@aldeburghparishchurch.org.uk

Weekly Benefice Newsletter

If you would like something added to the weekly newsletter that is relevant to the Benefice, please do let Claire know and we will do our best to include it the following week.

All requests by 4pm on Thursday please

† **Pilgrims Together on Wednesdays on Zoom** †

The worship starts at 6.30pm (Zoom call opens from 6.10pm) and the call is then left open after the worship time for people to catch up. People are welcome to email pilgrimstogether473@gmail.com

to receive a copy, be added to our mailing list and for the Zoom links.

Saturday 19th November Community Good News Faith Cafe @ The Outside Inn, Parrot Pub 9.30 - 10.30

A time for conversation, a hot drink and a croissant. A time to share and offer our thoughts and stories. Acts of kindness and good news within the Outside Inn and taken out into the outside world.

**ALDE SANDLINGS BENEFICE
CHRISTINGLE CELEBRATION
at ALDEBURGH PARISH CHURCH**

**TUESDAY 6TH DECEMBER AT 6.30PM
EVERYONE WELCOME**



**The
Children's
Society**

Please do check our website for updates www.aldeburghparishchurch.org.uk