



## Alde Sandlings Benefice

Aldeburgh, St Peter & St Paul's Parish Church,  
Aldringham, St Andrew's Parish Church,  
Friston, St Mary's Parish Church  
Knodishall, St Lawrence's Parish Church

Priest in charge: The Revd Sarah du Boulay  
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## **Sunday 20<sup>th</sup> November** **Sunday next before** **Advent/Christ the King**

### **Services in The Alde Sandlings Benefice this Sunday**

|                   |                |                       |
|-------------------|----------------|-----------------------|
| <b>Aldeburgh</b>  | <b>8.00am</b>  | <b>Holy Communion</b> |
|                   | <b>10.30am</b> | <b>Holy Communion</b> |
| <b>Aldringham</b> | <b>11.00am</b> | <b>Holy Communion</b> |
| <b>Knodishall</b> | <b>9.00am</b>  | <b>Morning Prayer</b> |

### **Message from our priest in charge –** **The Rev'd Sarah du Boulay**

Dear Friends,

I'm going on holiday! As you read this, I will be in my beloved Lake District – for me the very 'thinnest' of places. If you are unfamiliar with the term, a 'Thin' place is where one feels the earthly, the spiritual and the divine are all much closer together than usual – the veil between them is thin, for want of a better description.

I have one particular rock, on one particular mountain, in one particular village which is my own thin place. It is a rock I have been visiting all of my life, and when I don't go for long periods, I notice it, spiritually.

My encouragement to us all is to find a thin place this week. It might also be a thin piece of music. A thin prayer. A thin walk. Somewhere to rest in God's presence. To reconnect, and to just BE.

I'll look forward to seeing you all upon my return.

With every blessing,

Sarah

**£££ Kagera Appeal £££**

This Sunday's (20<sup>th</sup>) collections at Aldeburgh will be given to the Diocese Kagera fund.

**Collect**

Eternal Father,  
whose Son Jesus Christ ascended to the throne of heaven  
that he might rule over all things as Lord and King:  
keep the Church in the unity of the Spirit  
and in the bond of peace,  
and bring the whole created order to worship at his feet;  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

**First Reading**

**Jeremiah 23.1-6**

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the Lord. Therefore, thus says the Lord, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the Lord. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the Lord. The days are surely coming, says the Lord, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: 'The Lord is our righteousness.'

## **Second Reading**

### **Colossians 1.11-20**

May you be made strong with all the strength that comes from his glorious power, and may you be prepared to endure everything with patience, while joyfully giving thanks to the Father, who has enabled you to share in the inheritance of the saints in the light. He has rescued us from the power of darkness and transferred us into the kingdom of his beloved Son, in whom we have redemption, the forgiveness of sins. He is the image of the invisible God, the firstborn of all creation; for in him all things in heaven and on earth were created, things visible and invisible, whether thrones or dominions or rulers or powers—all things have been created through him and for him. He himself is before all things, and in him all things hold together. He is the head of the body, the church; he is the beginning, the firstborn from the dead, so that he might come to have first place in everything. For in him all the fullness of God was pleased to dwell, and through him God was pleased to reconcile to himself all things, whether on earth or in heaven, by making peace through the blood of his cross.

## **Gospel Reading**

### **Luke 23.33-43**

When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left. Then Jesus said, 'Father, forgive them; for they do not know what they are doing.' And they cast lots to divide his clothing. And the people stood by, watching; but the leaders scoffed at him, saying, 'He saved others; let him save himself if he is the Messiah of God, his chosen one!' The soldiers also mocked him, coming up and offering him sour wine, and saying, 'If you are the King of the Jews, save yourself!' There was also an inscription over him, 'This is the King of the Jews.' One of the criminals who were hanged there kept deriding him and saying, 'Are you not the Messiah? Save yourself and us!' But the other rebuked him, saying, 'Do you not fear God, since you are under the same sentence of condemnation? And we indeed have been condemned justly, for we are getting what we deserve for our deeds, but this man has done nothing wrong.' Then he said, 'Jesus, remember me when you come into your kingdom.' He replied, 'Truly I tell you, today you will be with me in Paradise.'

## Sermon preached by The Revd Sarah du Boulay at the Aldeburgh Remembrance Sunday Service



Luke 21:5-19

I'll be honest. I really struggle with Remembrance Sunday. I struggle with having the atrocities of war being brought into sharp focus. I struggle with the sacrifice given by so many men and women and children and animals. I struggle with the concept of war. I struggle with the difficulty of balancing the act of remembrance with worship. I struggle with showing right and proper respect without actually glorifying war. I struggle with knowing that close friends and family of mine have had their lives put in danger. I struggle knowing that friends and family have been called upon to fight, and even to kill as part of military campaigns. I struggle knowing that so much of the world is still living in violence and conflict, and that as a species we don't seem to have learned anything. I struggle to know how to react, or to know how to act in meaningful and Christian ways, if I'm being totally honest. And I suspect, I'm not the only one.

Now, war is not a new thing. We know that in Biblical times, war was commonplace. Greed and sin caused people to fight with others. Our readings today seem to suggest that wars and insurrections are almost inevitable results of the sin which is prevalent in our world.

But this is the thing. "Nation will rise against nation, and kingdom against kingdom; <sup>11</sup> there will be great earthquakes, and in various places famines and plagues; and there will be dreadful portents and great signs from heaven." But in all of this, we are not called upon to be meek and submissive. We are called upon to be proactive. To be righteously angry. To witness amidst the turmoil. To actively seek justice and peace.

Our reading from Thessalonians says: "keep away from believers who are living in idleness and not according to the tradition that they received from us. For you yourselves know how you ought to imitate us; we were not idle when we were with you..."

I say again, We are called upon to be proactive. To be righteously angry. To witness amidst the turmoil. To actively seek justice and peace.

They say that heroes are ordinary people who do extraordinary things. A hero can be tall or short, fat or thin, young or old, fast at running or slow at walking, good at maths or good at music, builders or accountants – you name it, and a hero could be there. You can be a hero no matter where you are, or who you are. We are surrounded by heroes, and today especially,

we remember those who were and are heroes in quite extraordinary circumstances, and we give humble thanks for them.

But I also think that today, and every day, we too are called upon to be heroes. To be ordinary people who do extraordinary things. To be ordinary people who do extraordinary things in the name of God.

So let's remember, and give thanks for all those who have gone before us. Who have paid huge sacrifices and quite literally given their all to help bring about God's kingdom here on earth. Let's be inspired by them, and continue their legacy. Let's use this Remembrance Sunday as a theological call to arms. A call to trust in God and to do his bidding. We may have been called to be in the armed forces. To be on the front line of fighting and injustice and combat. Or we might be called to challenge oppression and injustice where we live. To pray continually. To step out in faith and to look to the Kingdom of God. As I keep saying at the moment – let the Revival start here!

### **Post Communion**

Stir up, O Lord,  
the wills of your faithful people;  
that they, plenteously bringing forth the fruit of good works,  
may by you be plenteously rewarded;  
through Jesus Christ our Lord.

**Next week - Sunday 27<sup>th</sup> November  
Advent Sunday**

## NOTICES

### **A Message from the Cathedral**

Greetings from us all here at the Cathedral. Advent is soon to be upon us, as we prepare hearts and minds for the celebration of the birth of the Christ-child at Christmas. Parishes, Benefices and Deaneries are, as each year, warmly invited to the Cathedral again for the traditional annual Candlelit Advent Procession with Bishop Martin, and led by our cathedral choristers: [5.00pm on Sunday, 27 November](#). This 'darkness to light' service uses readings, music and congregational carols, moving around the liturgical space of the cathedral, to mark the start of the season of expectation and preparation for the *adventus* of Christ in his incarnation and to his final advent at the end of time.

Do know that you are warmly welcome to come to the service as a way of marking Advent in your journey to Christmas - do share the details with your own network of contacts if it does not clash with anything that you may already be doing to mark the season. [More details are in the link here](#). No need to book.

This comes with warm wishes and prayers from Dean Joe, myself and all of us here. Philip Banks - Residentiary Canon and Precentor

### **† Wednesday Holy Communion at Aldeburgh †**

#### **Change of time**

As you are aware, we now have fewer practising clergy available to take services of Holy Communion. As a result, I will be celebrating Wednesday morning BCP more often at Aldeburgh, which is a complete joy for me, but has necessitated in needing to change the time of this service, so that I can be there after Morning Prayer at Aldringham. In consultation with the regular congregation, this service will now start at **10.30am**, with immediate effect. Hopefully it won't make too much difference to people attending, but it will make life much easier for the person celebrating. Rev'd Sarah

### **† Morning Prayer across the Benefice †**

Rev'd Sarah will be bringing the benefice together in prayer each morning from 9 -9.30am. People are very welcome to join, no regular commitment required, just pop along when you wish.

Monday – Friston

Tuesday - Knodishall

Wednesday - Aldringham

Thursday – Aldeburgh

## † Church of England and Diocese Online Worship †

There are many online services you can view from the Church of England and our cathedral. Here are some links below.

Church of England website

<https://www.churchofengland.org/prayer-and-worship/church-online/weekly-online-services>

Church of England Facebook page

<https://www.facebook.com/thechurchofengland/>

Church of England YouTube channel

<https://www.youtube.com/channel/UCLecK8GovYoaYzIgyOEIKZg>

St Edmundsbury Cathedral Facebook Page

<https://www.facebook.com/stedscathedral>

## Food Banks at the East of England Co-op

Foodbanks provide a valuable service to those in need in our communities. The Aldeburgh Co-op and Solar in Leiston are doing a grand job in collecting food donations, which are collected regularly and distributed. So please look out for the various collection baskets.

## Youth Club – We need your help!

The Youth Club is back! 7pm to 9pm on Monday evenings during term time for 10–14-year-olds. We are thankful that the Youth Club is as popular as ever. We **really need** some more volunteers to help on these evenings. There is a rota in the west porch that you can add your name to, if you can help (after the summer holidays) or you can contact

Fran Smith at [admin@aldeburghparishchurch.org.uk](mailto:admin@aldeburghparishchurch.org.uk)

## Weekly Benefice Newsletter

If you would like something added to the weekly newsletter that is relevant to the Benefice, please do let Claire know and we will do our best to include it the following week.

**All requests by 4pm on Thursday please**

† **Pilgrims Together on Wednesdays on Zoom** †

The worship starts at 6.30pm (Zoom call opens from 6.10pm) and the call is then left open after the worship time for people to catch up. People are welcome to email [pilgrimstogether473@gmail.com](mailto:pilgrimstogether473@gmail.com) to receive a copy be added to our mailing list and for the Zoom links.

**Saturday 3rd December Community Breakfast and Local Ramble starting 9.30 @ The Parrot**

As before, a delicious breakfast bap and coffee / tea combo for £6.50 is on offer at the Parrot, before we head out to explore local paths.

Come just for breakfast and a catch-up with folk, come for just the ramble or come and enjoy both. (You don't need to book in advance, you can decide on the morning.) To help with timing, if coming only to ramble then we generally head from The Parrot around 10.30am. Please do invite friends along.

**ALDE SANDLINGS BENEFICE  
CHRISTINGLE CELEBRATION  
at ALDEBURGH PARISH CHURCH**

**TUESDAY 6<sup>TH</sup> DECEMBER AT 6.30PM  
EVERYONE WELCOME**



**The  
Children's  
Society**

Please do check our website for updates [www.aldeburghparishchurch.org.uk](http://www.aldeburghparishchurch.org.uk)